

# RECOMMENDED EQUIPMENT

Make sure you've got the right things with you to make sure you get the most out of your day.

The following equipment can really help ensure you enjoy your day to the max. If you have any questions, please don't hesitate to get in touch!

- Good pair of walking boots or shoes suited to the terrain and appropriate for the weather.
- Good waterproof jacket.
- A few layers of clothes. (This makes it easier to adjust for changes in the weather and activity levels)
- Small Backpack
- Water bottle
- Packed lunch and Snacks
- Hat and Gloves
- Camera
- Sunglasses and Sunscreen
- Personal medications
- Walking Poles - if you find them useful!